



MANAGE YOUR HEALTH. ANYWHERE. ANY TIME.

Track your health and benefits on your schedule

Myahabenefits.com is your one stop to help you manage your health benefits administered by AmeriHealth Administrators. You'll also find tools to get cost estimates for health care services and to help you stay on track with your well-being goals.^{1,2,3}

1 Getting started is easy



- From your computer, laptop, or tablet – visit myahabenefits.com
- Choose Register at the top of the page or click the Register box and create your user account.

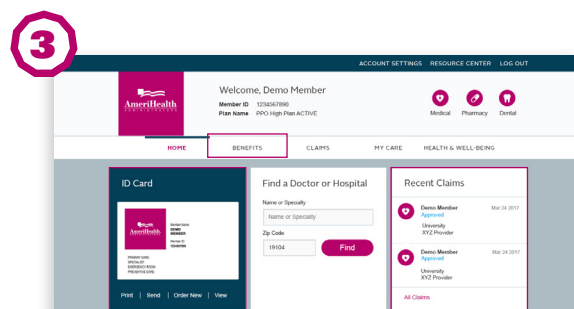
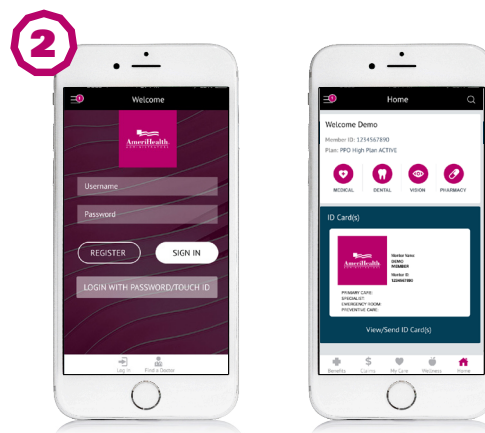
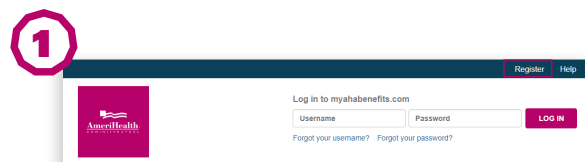
2 Access your health benefits on the go

Visit the App StoreSM or Google PlayTM and search for myahabenefits. You can use the same user name and password for all your devices.

3 Track and use your health care benefits

When you log on to myahabenefits.com, you will find features to help you identify, track, and use your health plan benefits.

- **ID card.** View, print, send, or order a new ID card.
- **Benefits and cost sharing.** Choose Benefits. Then with My Benefits Overview, see an overview of your plan, which can include a Summary of Benefits and Coverage (SBC) or your plan's benefit book. Check out Medical Benefits at a Glance. Click  to see more about plan benefits and enrollment. With Benefits Usage, check what you may have paid for the year and what cost sharing may remain.^{1,2}
- **Claims.** See your recent claims. Or choose All Claims to pick the date range you want to see. Click  to see more information about a claim.



4

Manage your health care spending

Find network health care providers. Start your search at the Find a Doctor or Hospital box on your home page or choose My Care > Find a Doctor or Hospital. Access nationally-recognized quality measurements. Compare up to five doctors or hospitals. Or rate your experience and view other plan members' feedback. You usually save money when you choose network health care providers.

Care Cost Estimator. Estimate your cost for a procedure — based on your plan and what you've already paid out-of-pocket. Compare costs for a procedure among different health care providers.³

The care cost estimator and Find a Doctor are integrated, so with a single search you can identify network doctors and hospitals and *estimate your out-of-pocket costs* for services they perform. (Care cost estimator may not be available on the app.)

4

5

Get help with your well-being goals

Achieve Well-being. Personalized well-being tools can help you achieve what's important to you — in a way that's simple, easy, and fun. Complete a well-being profile and get suggestions for focus areas. Develop an action plan. Track your activity levels and progress. Achieve Well-being syncs with many popular apps and wearable devices.

Health and well-being. Choose My Care and check out features including: ChooseHealthy® for discounts on well-being products; AmeriHealth Insider for discounts on a wide range of attractions and events; and programs such as Baby Beginnings® maternity support.

Resource Center. Access a library of wellness topics, recipes, and tools including Health Navigator. Print relevant forms. View documents such as your Summary of Benefits and Coverage (SBC).

5

6

Stay informed about your health plan and benefits

AHATPA Wire™. Sign up for text messages to receive personalized health reminders and alerts to help you get the most out of your health plan. Choose "Account Settings" at the top of the page and edit your Communication Preferences.

Messages. Check the Messages box on your home page for alerts and items that may need your attention.

6

Nondiscrimination Notice and Language Access Services

This plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call the number on your ID card (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número que aparece en su tarjeta de identificación (TTY: 711).

注意：如果您使用简体中文，您可以免费获得语言协助服务。请致电您ID卡上的电话号码。

¹Myahabenefits.com provides information about programs administered or offered by AmeriHealth Administrators. If your program includes a prescription drug program administered by FutureScripts® you can also access information about your FutureScripts program.

²Primary plan members can view information for themselves and their minor dependents. Enrolled spouses and dependents age 18 and over can register to view their own information. When you register, you can ask other enrolled family members to authorize you to see their information or you can authorize them to see your information.

³The care cost estimator provides estimates for comparison only. The accuracy of expected costs may vary based on claim volume, type of service, and profile of the member population.

Wire is a registered trademark of Relay Network, LLC.

ChooseHealthy is not medical insurance. It is an affinity discount program that provides discounts for complementary health care services and products. It is a product of American Specialty Health Incorporated, an independent company that offers discounts for complementary health services supplies. You should check any insurance benefits you have before using this discount plan, as those benefits may result in lower costs to you than using this discount plan. The discount plan provides for discount complementary health care services from participating providers. You are obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount plan. The discount plan does not make payments directly to participating providers in the discount plan. The discount program has no liability for providing or guaranteeing service and assumes no liability for the quality of service rendered.

The Baby Beginnings program is administered by Pronounced Health Solutions.

FutureScripts® is an independent company that provides pharmacy benefit management services for AmeriHealth Administrators.

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